

How to make your own seed bombs

Making your own seed bombs is an exciting way to get involved with nature. You can watch the seeds grow shoots then blossom into beautiful flowers that attract bees and butterflies to your garden.

Time to make: As long as you like

Suitable for: all ages but young children need to be supervised

You will need:

A mixture of meadow flowers seeds or seeds you have collected from your garden

Peat-free compost

Water

Powdered clay (you can buy this online from a craft shop)

Mixing bowl

Create your seed bomb

In the bowl mix 1 cup of seeds with 5 cups of compost and 2-3 cups of clay powder (you can use clay soil instead of powder if you have it). Slowly mix in some water with your hands until everything sticks together. Roll the mixture into little firm balls and leave them to dry on a sunny windowsill.

Scatter your seed bombs

This is the fun part. Throw your seed bombs at bare patches in your garden – bare soil is best for the seeds. Wait to see what pops up in Spring and Summer and the insects that visit them.



Good plants to include in your seed bombs:

- Bulbous Buttercup - *Ranunculus bulbosus*
- Chamomile - *Chamaemelum nobile*
- Common Bird's-foot-trefoil - *Lotus corniculatus*
- Common Knapweed - *Centaurea nigra*
- Common Spotted-orchid - *Dactylorhiza fuchsia*
- Lady's bedstraw - *Galium verum*
- Red Clover - *Trifolium pratense*
- Wild Thyme - *Thymus polytrichus*

Many thanks to the Wildlife Trust



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